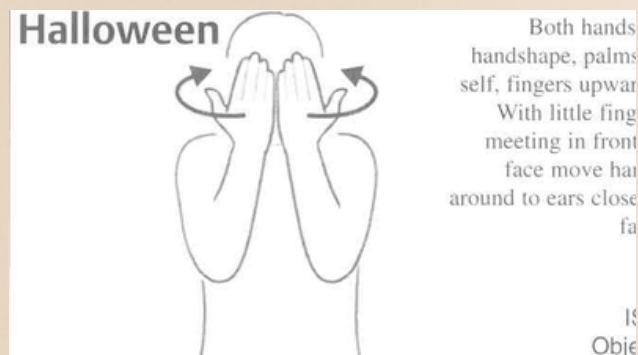
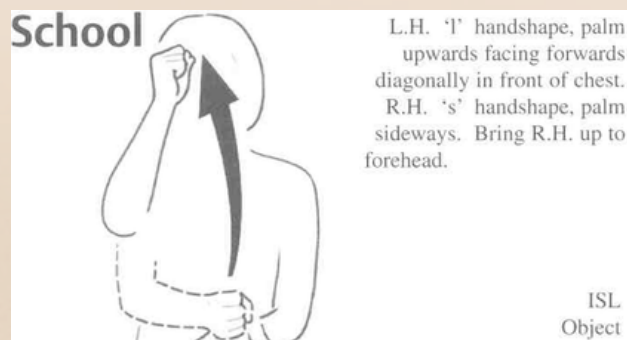




Autumn - Winter Newsletter

Welcome to our Autumn/Winter Newsletter! As the new school year gets underway, we are excited to share information on upcoming groups and workshops, community events, and our Lámh Signs of the season. We hope this newsletter helps families stay connected with the supports, opportunities, and activities available across our community. We hope you enjoy reading it and find something helpful for your family. We look forward to continuing to work alongside you and your children throughout the months ahead.

Lámh sign



Autumn/ Winter Events

BRICKX Club

A creative LEGO building and social group for children aged 4–12 years with additional needs.

📍 **Creagh National School (H53 PT32)**

🕒 **Wednesdays, 4–5pm (during school term)**

📅 **Restarting September 2026**

No need to sign up, just show up on the day



SCHOOL LEAVERS INFORMATION FAIR



School-leavers Information Fair brings together various adult disability services, vocational support services and third-level institutions. This gives you the opportunity to meet and interact with these organisations/services and help you identify an appropriate service for your child.

📍 **30th September 2026, Clayton Hotel Galway. H91 D526. 11:30 am to 3 pm.**

📍 **8th October 2026, The Abbey Hotel, Roscommon. F42 F992. 11:30 am to 3 pm.**

Family & Community Resource Centre Ballinasloe Coffee

Mornings

Monday mornings from 10:30 AM to 12:00 PM (term time only).

Focus: Coffee morning and peer support group tailored for parents of children with additional needs.

Contact 085 170 2530 for more information.





Autumn - Winter Workshops

Connect over Coffee

15th September, Deerpark Services, Ballinasloe H53 A376 - 10am - 11/11.30

1st December, Deerpark Services, Ballinasloe H53 A376 - 10am - 11/11.30

This is an informal gathering for parents and guardians of young autistic children to meet other parents in a relaxed and supportive space to talk, learn, and connect.

Championing and Understanding Autism for Parents

National School age - 8th September 2026, 10am-12pm, Infinity Friends, N37 K0T2

Secondary School age - 9th September 2026, 10am-12pm, Infinity Friends, N37 K0T2

Join us to explore and understand autism & advocacy

Relate to Regulate + Regulation Passport for Parents

National School age - 30th September 2026 - 10am -12pm Infinity Friends Clubhouse N37 K0T2

Secondary School age -29th September 2026 - 10-12pm Infinity Friends Clubhouse N37 K0T2

In this two part caregiver workshop you will learn about regulation & begin developing a regulation passport unique to your child's needs.

Studio 3 for Parents

4th November Part A - Infinity Friends Clubhouse N37 K0T2 - 9:30am - 2:00pm

11th November - Part B - Infinity Friends Clubhouse N37 K0T2 - 9:30am - 2:00pm

Two consecutive sessions for families of children of all ages who want simple, practical tools to de-escalate stressful situations & promote a calmer home.

Food for Thought for Parents

21st October 2026, Infinity Friends Clubhouse, N37 K0T2 - 10am-1pm

An educational workshop for parents and caregivers to support understanding around restricted eating and learn practical strategies to support their child at mealtimes."

Champions of Potential for Parents

16th September 2026, Infinity Friends Clubhouse, N37 K0T2 10am-12pm

This session explores intellectual disability and how children learn differently, while championing each child's unique strengths and potential.

Hanen More Than Words

This programme consists of 8 parent only theory sessions and 3 coaching sessions with a speech and language therapist, parent and child. The programme helps parents to support their child's communication during everyday activities. There will be an information session held on **Friday 16th**

October - Springfield Ballinasloe H53 HX76 - 9.45am - 12 noon where parents and carers can learn more about the programme and sign up for the full course if interested.

Lámh

Lámh is a sign language used in Ireland to support communication. This course is open to parents, family members and school staff. This course consists of 4 evening sessions running each Tuesday consecutively from the **29th of September - 7-9pm in Springfield Ballinasloe H53 HX76**



Language Comprehension Workshop for Parents

23rd September, 10–12pm Infinity Friends Clubhouse N37 K0T2

Blanks is a framework to help you adjust your language to your child's level of understanding . Learn why some **questions** feel easy for your child, while others feel confusing.

Understanding Autistic Communication for Parents

25th November, 10–12pm, Infinity Friends Clubhouse N37 K0T2

Explore the many ways autistic children communicate – including how gestalt language processing shapes their learning and expression.

Assistive Technology (AT) Workshop for Parents and Teachers

Online 17th November at 12:00 pm. This workshop will walk you through the Department of Education's application process for assistive technology for students with special educational needs. You will also be introduced to a range of assistive technology solutions.

Growing Independence: Skills for Everyday Life for Parents and Children

3rd November 2026 10am –12pm. Who is this for? Caregivers of children aged 8+

A 2 part workshop to grow independence and break tasks into achievable steps in everyday life skills. Part 1: is an information session in Infinity Friends Clubhouse N37 K0T2

Part 2: A hands-on session that will be scheduled after Part 1, involving the therapist, child, and caregiver.

Busy Bees for Parents and Child

Busy Bees Monday 7th September 2026 for 5 weeks

Infinity Friends Clubhouse, N37 K0T2

Our group supports toddlers and children not currently at preschool with communication, listening, movement and play. Parents stay for fun too!

Hydrotherapy for children and young people

Hydrotherapy helps children build strength, confidence, and freedom through movement in water. Please reach out if interested.

Takes place in Enable Ireland – 72 Seamus Quirke Road, Galway, H91 E8P4

Supporting Children with Communication and Regulation Differences in the Classroom

ONLINE 7–9pm. This workshop is designed for teachers and pre-school educators to help understand how best to support children with communication and regulation differences. It is focused on supporting children, under 8 years of age. The series will be online over 5 evenings in November, commencing Tuesday 3rd November. Please inform your child's school staff if you wish for them to attend.

Infant Massage Group

Starting Wed 16th September 10am –12pm. CDNT 8, St Brendan's Campus, Loughrea, H62 Y437

A nurturing 6-week programme for caregiver & babies to bond through gentle massage.

Family Forum

6th Oct 10am–12 pm – Infinity Friends Clubhouse. N37 K0T2

A welcoming space to meet the team & learn more about the service. Save your spot to join the conversation.

For more information contact your Keyworker or ring

reception of CDNT8 – 091 872 701

